





**SEALS & STEINGARD
ADULT DAY CARE**

***Continental Breakfast 9am-10am**
***Lunch 11:30am-1:00pm**
***Afternoon Social w/Snacks 3:00pm-4:00pm**



2024

Mon	Tue	Wed	Thu	Fri
<p><i>Every Day</i> Dance Cardio Exercise 9:30am</p> 	<p>Happy August! May this month be filled with sunny days, laughter, and lots of love.</p>	<p><i>Every Day</i> Current Events</p>  <p>Motown Music Daily</p>	<p>1 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>2 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>5 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>6 Checkers 10:00 Activity of your choice 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>7 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>8 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>9 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>12 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>13 Checkers 10:00 Activity of your choice 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>14 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>15 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>16 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>19 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>20 Checkers 10:00 Activity of your choice 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>21 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>22 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>23 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>26 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>27 Checkers 10:00 Activity of your choice 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>28 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>29 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>30 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>