







# SEALS & STEINGARD ADULT DAY CARE

**\*Continental Breakfast 9am-10am**  
**\*Lunch 11:30am-1:00pm**  
**\*Afternoon Social w/Snacks 3:00pm-4:00pm**



# 2024

Mon	Tue	Wed	Thu	Fri
<p><b><i>Every Day</i></b>  <b><i>Dance Cardio</i></b>  <b><i>Exercise</i></b>  <b>9:30am</b></p> 	<p>What do you call a running turkey?  </p>	<p><b><i>Every Day</i></b>  <b><i>Current Events</i></b>  <b><i>Motown Music Daily</i></b></p> 	<p><b><i>*Activities are subject to change due to other activities that may occur during the day</i></b></p>	
<p><b>4</b> Game Shows 10:00            Card Matching 11:00            Movie Time 1:00            Bowling 3:00            Memory Toss 4:00</p>	<p><b>5</b> Checkers 10:00            Kindness Preschoolers 11:00            Bingo with Prizes 1:00            Scrabble 3:00            Arts &amp; Crafts 4:00</p>	<p><b>6</b> Card Matching 10:00            Music Therapy 11:00            Memory Toss 1:00            Checkers 3:00            Adult Coloring 4:00</p>	<p><b>7</b> Adult Coloring 10:00            Scrabble 11:00            Bingo with prizes 1:00            Spelling Bee 3:00            Crosswords 4:00</p>	<p><b>1</b> Puzzle Time 10:00            Music Therapy 11:00            Bunco 1:00            Bowling 3:00            Arts &amp; Crafts/Movie 4:00</p>
<p><b>11</b> Game Shows 10:00            Card Matching 11:00            Movie Time 1:00            Bowling 3:00            Memory Toss 4:00</p>	<p><b>12</b> Checkers 10:00            Kindness Preschoolers 11:00            Bingo with Prizes 1:00            Scrabble 3:00            Arts &amp; Crafts 4:00</p>	<p><b>13</b> Card Matching 10:00            Music Therapy 11:00            Memory Toss 1:00            Checkers 3:00            Adult Coloring 4:00</p>	<p><b>14</b> Adult Coloring 10:00            Scrabble 11:00            Bingo with Prizes 1:00            Spelling Bee 3:00            Crosswords 4:00</p>	<p><b>8</b> Puzzle Time 10:00            Music Therapy 11:00            Bunco 1:00            Bowling 3:00            Arts &amp; Crafts/Movie 4:00</p>
<p><b>18</b> Game Shows 10:00            Card Matching 11:00            Movie Time 1:00            Bowling 3:00            Memory Toss 4:00</p>	<p><b>19</b> Checkers 10:00            Kindness Preschoolers 11:00            Bingo with Prizes 1:00            Scrabble 3:00            Arts &amp; Crafts 4:00</p>	<p><b>20</b> Card Matching 10:00            Music Therapy 11:00            Memory Toss 1:00            Checkers 3:00            Adult Coloring 4:00</p>	<p><b>21</b> Adult Coloring 10:00            Scrabble 11:00            Bingo with Prizes 1:00            Spelling Bee 3:00            Crosswords 4:00</p>	<p><b>15</b> Puzzle Time 10:00            Music Therapy 11:00            Bunco 1:00            Bowling 3:00            Arts &amp; Crafts/Movie 4:00</p>
<p><b>25</b> Game Shows 10:00            Card Matching 11:00            Movie Time 1:00            Bowling 3:00            Memory Toss 4:00</p>	<p><b>26</b> Checkers 10:00            Kindness Preschoolers 11:00            Bingo with Prizes 1:00            Scrabble 3:00            Arts &amp; Crafts 4:00</p>	<p><b>27</b> Card Matching 10:00            Music Therapy 11:00            Memory Toss 1:00            Checkers 3:00            Adult Coloring 4:00</p>		<p><b>29</b> Puzzle Time 10:00            Music Therapy 11:00            Bunco 1:00            Bowling 3:00            Arts &amp; Crafts/Movie 4:00</p>