






SEALS & STEINGARD ADULT DAY CARE

***Continental Breakfast 9am-10am**
***Lunch 11:30am-1:00pm**
***Afternoon Social w/Snacks 3:00pm-4:00pm**



2025

Mon	Tue	Wed	Thu	Fri
<p><i>Every Day</i> Dance Cardio Exercise 9:30am</p> 	<p><i>Every Day</i> Current Events  Motown Music Daily</p>		<p>2 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>3 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts/Movie 4:00</p>
<p>6 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>7 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>8 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>9 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>10 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts/Movie 4:00</p>
<p>13 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>14 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>15 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>16 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>17 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts/Movie 4:00</p>
<p>20 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>21 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>22 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>23 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>24 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts/Movie 4:00</p>
<p>27 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>28 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>29 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>30 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>31 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts/Movie 4:00</p>