






SEALS & STEINGARD ADULT DAY CARE

***Continental Breakfast 9am-11am**
***Lunch 12:00pm-1:00pm**
***Afternoon Social w/Snacks 3:00pm-4:00pm**



Stay Safe!

2025

Mon	Tue	Wed	Thu	Fri
<p>Every Day Dance Cardio Exercise 9:30am</p> 	<p>1 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>2 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>3 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>4 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>7 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>8 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>9 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>10 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>11 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>14 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>15 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>16 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>17 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>18 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>21 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>22 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>23 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>24 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00</p>	<p>25 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00</p>
<p>28 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00</p>	<p>29 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00</p>	<p>30 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00</p>	<p>Every Day Current Events  Motown Music Daily</p>	 <p>Instead of the John I call my bathroom the Jim! That way it sounds better when I say I go to the Jim first thing every morning!!!</p>